

MEN'S CHEST

A

Standing naturally, measure around the fullest part of the chest, keeping tape under arms and around shoulder blades.

MEN'S WAIST

B

Measure around the waist, keeping one finger between the tape and body. Measure over the shirt (not trousers) at the position you would normally wear your trousers.

MEN'S WEAR

Work Jackets / Work Shirts / Dustcoat

	SIZE	XS	S	M	L	XL	2XL	3XL	4XL
TO FIT:	CHEST IN CM	72 - 77	82 - 87	92 - 97	102 - 107	112 - 117	122 - 127	132 - 137	142 - 147
	CHEST IN INCHES	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58

Chef Baggies

	SIZE	S	M	L	XL	2XL	3XL	4XL
TO FIT:	WAIST IN CM	72 - 77	82 - 87	92 - 97	102 - 107	112 - 117	122 - 127	132 - 137
	WAIST IN INCHES	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54

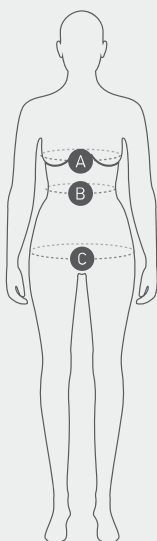
Trousers / Jeans / Shorts / Chinos

	SIZE	28	30	32	34	36	38	40	42	44	46	48	50	52	54
TO FIT:	WAIST IN CM	72	77	82	87	92	97	102	107	112	117	122	127	132	137
	WAIST IN INCHES	28	30	32	34	36	38	40	42	44	46	48	50	52	54

SABS Work Jackets and Trousers

	SIZE	82	87	92	97	102	107	112	117	122	127	132	137
TO FIT:	CHEST IN CM	82	87	92	97	102	107	112	117	122	127	132	137
	CHEST IN INCHES	32	34	36	38	40	42	44	46	48	50	52	54
TO FIT:	WAIST IN CM	72	77	82	87	92	97	102	107	112	117	122	127
	WAIST IN INCHES	28	30	32	34	36	38	40	42	44	46	48	50

FIND YOUR **FIT**



WOMEN'S BUST

- A** -----
Place tape over shoulder blades and across the fullest part of the bust. Do not pull the tape too tightly.

WOMEN'S WAIST

- B** -----
Measure your waist around the natural waistline.

WOMEN'S HIPS

- C** -----
Measure around the fullest part of the hips 20cm below your natural waistline. Do not pull the tape too tightly.

WOMEN'S WEAR

Work Shirts / Golfers

	SIZE	XS	S	M	L	XL	2XL	3XL	4XL
TO FIT:	BUST IN CM	74 - 79	84 - 89	94-99	104 - 109	114 - 119	124 - 129	134 - 139	144 - 149
TO FIT:	BUST IN INCHES	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58

Work Jackets

	SIZE	XS	S	M	L	XL	2XL	3XL	4XL
TO FIT:	BUST IN CM	74 - 79	84 - 89	94-99	104 - 109	114 - 119	124 - 129	134 - 139	144 - 149
TO FIT:	BUST IN INCHES	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58

Housekeeping Set / Essential Housecoats

	SIZE	S	M	L	XL	2XL	3XL	4XL
TO FIT:	BUST IN CM	84 - 89	94 - 99	104 - 109	114 - 119	124 - 129	134 - 139	144 - 149
	BUST IN INCHES	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58
TO FIT:	HIPS IN CM	94 - 99	104 - 109	114 - 119	124 - 129	134 - 139	144 - 149	154 - 159
	HIPS IN INCHES	37 - 39	41 - 43	45 - 47	49 - 51	53 - 55	57 - 59	61 - 63

Trousers / Jeans / Shorts / Skirts

	SIZE	28	30	32	34	36	38	40	42	44	46	48	50	52	54
TO FIT:	WAIST IN CM	59	64	69	74	79	84	89	94	99	104	109	114	119	124
	WAIST IN INCHES	23	25	27	29	31	33	35	37	39	41	43	45	47	49
TO FIT:	HIP IN CM	84	89	94	99	104	109	114	119	124	129	134	139	144	149
	HIP IN INCHES	33	35	37	39	41	43	45	47	49	51	53	55	57	59

Our garments are made for a generous fit.

We have specifically tailored our women's clothing to be both functional and feminine.

Please use the sizing chart to work out your correct size when choosing your garments.

PLEASE NOTE: The size grid shows the actual body measurements, and not the garment measurements.